

What is the point of the learning in this half term? Why are students learning it? How does it fit into the 7 Year journey? INTENT: This is a unit of work based upon the study of Health and wellbeing as well as participating in a First Aid drop down day with Red Cross. Students will explore how to respond in different scenarios and they will acquire knowledge of emergency first aid and how to look after themselves. As well as this, students will be understanding the impact of drugs and smoking and decisions they can make to live a healthy lifestyle.

Deliberate interleaving and retrieval opportunities	Key Core Learning (Knowledge and Skills) What should be transferred into long term memory?	Enriched Knowledge																				
Essential knowledge and skills that underpin the new learning	What do you want students to know?	How will the knowledge and skills be applied to transform students thinking?																				
<p>This unit of work will build upon the KS3 y7 National Curriculum and mandatory health and wellbeing education.</p> <p>In Autumn term 2, Y7 students will begin to understand what drugs are and the physical effects they have on people.</p> <p>Within the Garibaldi KS3 learning journey, students will also be building on their knowledge of emergency first aid and will begin to fine tune the content in an age appropriate way. Such as in y9, students will begin to understand Alcohol.</p> <p>These skills directly link to the KS4 journey of careers, where y10 students will have more of a 'hand on' approach to first aid and have practical experience of putting each other into the recovery position- which heightens the awareness of what to do if a friend passes out whilst drunk.</p>	<p>In half term 1- student will have had a First aid drop down day, in preparation for this module.</p> <p>Students will be aware of how to live a healthy lifestyle and know how to cope in an emergency situation.</p> <p>As well as understanding the impact that drugs and smoking can have on themselves and on others- creating an understanding of empathy and different perspectives.</p> <p>Themes covered: Health and Wellbeing</p> <table border="1" data-bbox="1032 961 1587 1556"> <thead> <tr> <th></th> <th>Health & Wellbeing</th> </tr> </thead> <tbody> <tr> <td>H33</td> <td>1.First Aid & Helping Others</td> </tr> <tr> <td>H23</td> <td>2.Drugs, the Law & safe use of prescribed drugs</td> </tr> <tr> <td>H28</td> <td>3.The Effect of Drugs</td> </tr> <tr> <td>H24</td> <td>4.The Impact of Smoking, Vaping</td> </tr> <tr> <td>H26</td> <td>5.Physical Activity, Mindfulness, Mental Health & Managing strong sexual feelings</td> </tr> <tr> <td>H10, H13, R18, H14</td> <td>6.Healthy Eating, Disorders, Impact of unhealthy eating</td> </tr> <tr> <td>H4</td> <td>7.Keeping Safe, what good friends should do</td> </tr> <tr> <td>H17</td> <td></td> </tr> <tr> <td>R13, R14, H11</td> <td></td> </tr> </tbody> </table>		Health & Wellbeing	H33	1.First Aid & Helping Others	H23	2.Drugs, the Law & safe use of prescribed drugs	H28	3.The Effect of Drugs	H24	4.The Impact of Smoking, Vaping	H26	5.Physical Activity, Mindfulness, Mental Health & Managing strong sexual feelings	H10, H13, R18, H14	6.Healthy Eating, Disorders, Impact of unhealthy eating	H4	7.Keeping Safe, what good friends should do	H17		R13, R14, H11		<p>Cultural Capital</p> <ul style="list-style-type: none"> The importance of understanding how to manage an emergency situation, whether it be first aid required or keeping safe. Give students the ability to understand the risks of drug taking and how it can have short and long term effects. Giving students the skills they need to be well rounded individuals and develop a 'willing to learn' attitude, that can potentially save somebodies life. <p>Social Capital</p> <ul style="list-style-type: none"> To understand how to communicate effectively, in order to manage and take control in an emergency situation. Students will be able to effectively participate in society to support their friends or family when they are in need. <p>Links to support an ambitious curriculum: https://www.sja.org.uk/get-advice/first-aid-advice/how-to/how-to-do-the-primary-survey/</p>
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<p>Future Learning</p> <p>-Relationships</p>	<p>Application of Knowledge</p> <p>-Awareness of DR ABC through Red Cross First aid.</p>																					

Pedagogy	Approaches to Learning	Impact on Learning
<p>What possible teaching approaches could be used? How would you expect students to show progress?</p>	<p>Create an information leaflet.</p>	<p>By creating leaflets, this will encourage students to understand the facts behind drug use, whilst also developing reasons why people should/shouldn't take drugs. Therefore they are beginning to come to terms with their own thoughts and opinions.</p>
	<p>Exercise Bingo</p>	<p>Students will create a bingo board, including reasons why you should exercise. This encourages students to think for themselves, and come up with multiple ideas.</p> <p>Students that may not be willing to share their ideas, can have a sense of pride if they get bingo.</p>
	<p>Image stimulus</p>	<p>The teacher can select several everyday tasks (images of these tasks) for students to identify the risks and how to prevent the risks. This way, students are using their imagination and their own knowledge to identify risks; rather than being told by the teacher.</p> <p>This ensures that students are thinking outside of the box, and their ideas are not being constructed by the teacher.</p>