



ARTIFICIAL SURFACE RULES & REGULATIONS

- **no blades/spiked or metal studded boots**
- **no dirty or muddy footwear**
- **no chewing gum/eating food whilst on the surface**
- **no glass, tin or ceramics**
- **no smoking**
- **no climbing fences**
- **no vehicles except maintenance vehicles**
- **ensure goals are secure before playing**
- **remove all litter from the pitch**

