

# Silky Soft

## Playdough Sensitive Skin Recipe

### You will need:

1 cup cornflour

5 tbsp emollient cream (for children with very sensitive skin, use a cream that you know doesn't irritate their hands)

Food colouring

### Method

1. Tip the cornflour into a bowl and add the cream, a spoonful at a time.
2. Mix it until it starts to look crumbly and fluffy. Then use your hands to work it together until it is evenly combined.
3. It may seem too dry initially but once it all comes together, take it out of the bowl and knead it on the surface until it becomes soft and silky.
4. If it stills feels too dry, add a bit more cream.
5. If your child is sensitive to food colouring, leave the dough as it is. Otherwise, split the dough into how many different colours you would like and add a small amount of food colouring.

