

24th March 2025

ROK-ARD Kickboxing

Dear parent/carer

During the next half term, we will be offering kickboxing classes during lunch times as an additional provision for students. These kickboxing classes are an opportunity for students to stay active, get fit, build strength and learn new skills in a fun and safe environment.

The sessions will be offered to students **every Thursday lunch time** during the spring and summer term. The sessions are being delivered through an external company called ROK-ARD Kickboxing. The provision will be priced at £2.50 per session, £32.50 in total for the sessions, which will need to be paid as a block in advance, of the sessions taking place from Thursday 24^{th} April to Thursday 24^{th} July 2025.

Due to health and safety and capacity, there are only 30 spaces available for each lunch time and spaces will therefore be offered on a first come first served basis. In order for us to assess the amount of interest in this provision, please can we ask that you complete the following form https://forms.office.com/e/UgwLJhTeqa to indicate your child's interest in taking part. Due to the limited number of places available please be aware that **completion of this form does not secure your child a place.** Further information, including how to make the £32.50 payment via Scopay, will be made available to those who are successful in due course therefore **if you do not hear from us, please assume you have not been successful.** Once the 30 available spaces have been filled, all other students who have expressed an interest will join the waiting list. Should any students drop out of the sessions, the space will be offered to another student on the waiting list. Please note the deadline for responses is Friday 28th March. Unfortunately, refunds will not be made for students who do not attend the provision or choose to drop out of the provision once the payment has been made.

If you require any financial support to enable your child to take part in these sessions, please do let us know.

The classes will be led by Georgina Brown who is familiar with the school as a previous teacher of English. These classes provide the opportunity for students to develop focus, co-ordination and discipline.

For more information on ROK-ARD Kickboxing please visit their website: https://rokardkickboxing.com/

Yours faithfully

Mrs R Moors

Deputy Head Teacher

















