

HT3 Year Y11: Food Preparation and Nutrition

Week	Lesson Coverage	Independent Learning	GCSE Pod / Revision links
Week 1 – w/c 6th January	Revision and exam practice for Mock exam	Revision	<ul style="list-style-type: none"> • https://members.gcsepod.com/content?subject_id=6013&exam_board_id=1010 • http://www.illuminate.digital/aqafood
Week 2 – w/c 13th January	Mock Exams	Revision	<ul style="list-style-type: none"> • https://members.gcsepod.com/content?subject_id=6013&exam_board_id=1010 • http://www.illuminate.digital/aqafood
Week 3 – w/c 20th January	Mock Exam	Revision	<ul style="list-style-type: none"> • https://members.gcsepod.com/content?subject_id=6013&exam_board_id=1010 • http://www.illuminate.digital/aqafood
Week 4 – w/c 27th January	NEA2 – Demonstrating Technical Skills Demonstrate technical skills Select and use appropriate equipment Identify technical skills Make 3-4 dishes	Practice dishes at home if possible	<ul style="list-style-type: none"> • https://members.gcsepod.com/content?subject_id=6013&exam_board_id=1010 • http://www.illuminate.digital/aqafood
Week 5 – w/c 3rd February	NEA2 – Demonstrating Technical Skills Demonstrate technical skills Select and use appropriate equipment Identify technical skills Make 3-4 dishes	Practice dishes at home if possible	<ul style="list-style-type: none"> • https://members.gcsepod.com/content?subject_id=6013&exam_board_id=1010 • http://www.illuminate.digital/aqafood
Week 6 – w/c 10th February	NEA2 – Demonstrating Technical Skills Complete write up of technical skills		<ul style="list-style-type: none"> • https://members.gcsepod.com/content?subject_id=6013&exam_board_id=1010 • http://www.illuminate.digital/aqafood